



## Noralta Junior Hockey League Sportsmanship Policy

The NJHL provides organized recreational Junior hockey with a competitive spirit that promotes sportsmanship, in the greater Edmonton area. The League has instituted the following policy to foster and promote this mission statement. The policy outlines three milestones that will provide players with expectations of sportsmanship and conduct becoming a member, of the NJHL.

### Milestone # 1:

If you achieve more than 60 minutes in total penalty minutes, you will receive a written warning of your conduct towards sportsmanship.

### Milestone #2:

If you achieve more the 90 minutes in total penalty minutes, you will receive a suspension and must appear before the League President, Vice President, and Disciplinary Chairman.

### Milestone #3:

If you achieve more that 120 minutes in total penalty minutes, you will receive a suspension and must attend a hearing to appear before a Special Disciplinary Board to determine your eligibility to continue playing in the NJHL for the remainder of the season.