



*The Edmonton Federation of Community Leagues Ringette Association,  
The Edmonton Ringette Club, and The Edmonton WAM*

are delighted to announce

### **The Edmonton U12 Development Program**

This program is **the first of its kind in Edmonton** and represents a wonderful opportunity for your daughter to have additional **development** and fun with ringette in her **U12** years.

#### **Who can come?**

This program is open to ALL Edmonton Ringette players at the U12 Level (born in the years 2000/01). This is a program that will combine the fun of ringette with the benefits of development. It is suitable to every level of player at U12 and the overriding goal is participation for all of U12, regardless of level.

#### **What will the program look like?**

The program will consist of 12 on ice sessions of skill and game development. There will be two 60 to 75 minute sessions in each of October, November, January, and February. 2 Ice Slots will be combined in each of December and March for a fun skills 2 hour event.

#### **What is focus of the program?**

Skills will be the focus, including shooting, deking, passing and receiving the ring, one-on-one skills and basic offensive tactics, defensive skills and tactics, including goal side defence, and decision making in competitive situations. This particular age level, an important developmental stage, creates a good opportunity for your daughter to ensure the foundation of the skill and technique necessary in ringette development. The program will be delivered in a fun environment.

#### **Who are the instructors?**

Led by Caleigh Shaw, the instructors are players from the Edmonton WAM. The WAM are the defending repeat Champions of the National Ringette League. These women represent the very highest level of our sport in Canada.

**How much will it cost?**

Cost is dependent on participation, but we are targeting costs to be in the area of \$100 to \$140 for the entire program (all sessions through the spring) - a tremendous value.

**My daughter is a goalie/ wants to be a goalie. Can she come?**

Absolutely, Goalie skills will be developed as well.

**What day of the week will the program be held?**

Efforts will be made to host the program on days when the U12 groups are not already in practice, games, or power skating. The proposed dates for the fall skates are October 13, 27, November 10, and 17 at Castledowns Arena.

Please email Kathleen Ryan [kryan@davis.ca](mailto:kryan@davis.ca) to confirm your interest **as soon as possible** so that ice times can be confirmed and final arrangements can be made.

